The purpose of Newspeak is to eliminate the ability to express or even think about revolution or dissent by removing words that could be used to that end. Since the thought police did not have a way to read people's minds to catch dissent, Newspeak was created so that it was not even possible to think of a dissenting idea. This concept has been examined in linguistics, but it has been widely discredited, known as the Sapir-Whorf hypothesis.